

Toowoomba Masters AUSSI
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Issue 5/04 of The Tadpole Tales –
November/December 2004

• Club Xmas Party	• President & Captain's Reports
• Swim for Cancer	• Membership Renewal
• Final Club Swim Dates for 2004	• Handy Hints & More!!!

QTW CHRISTMAS PARTY

The Christmas Party has been and gone. Again the impromptu Water Polo was well attended, hard to tell if it was a male or female victory. I'm not familiar with the rules myself but I'm sure you are only supposed to attack someone when they have the ball!!! This was followed by an enjoyable BBQ. Thanks to all those that assisted on the day.

PRESIDENT'S REPORT

Welcome back to swimming for 2005. The New Year gives us all an opportunity to burn off any extra Christmas indulgences and give effect to our New Year's resolutions – get fit, improve on that 400m time, swim a continuous one hour freestyle, etc. To ensure that you get the most out of your membership, try to set a routine and make a commitment to swimming. So make sure that you mark our regular swim dates on your calendars – Monday (6.30pm to 7.30pm); Wednesday (6.30pm to 7.30pm – including Aerobic swims); Thursday (6.30pm to 7.30pm); Sunday 7.30am to 8.30am (Aerobics 7.00am to 7.30am cuppa, toast and a chat 8.30am to 9.00am).

It is also important that your membership be renewed as soon as possible so that the club's insurance policy continues to cover your activities and swim- meet and aerobics activities can be recorded.

I also want to mention that **your** club's AGM is planned for 13 March, 2005 and a number of long serving club officials have indicated that they intend to take a well deserved break from executive duties. To those members, I want to express my sincere thanks on behalf of all club members. Special mention also needs to be made of Ray French's efforts as treasurer, but unfortunately his work requires relocation to Brisbane. This provides **you** with an opportunity to become more involved with the running of the club and gain the satisfaction that comes from participation. Nominations will be called shortly for the following committee positions:

- President, Vice-President, Secretary, Captain, Registrar, Recorder, Aerobics Recorder, Swim Meet Director, Coaching Director, Safety Officer, Publicity Officer, Catering Officer, Newsletter Publisher.

See you in the pool in 2005.

CAPTAIN'S REPORT

Hi Everyone, Once again here I am with more exciting results. Swimmers really are making the most of the last few months of the year.

At the beginning of November six tadpoles competed in the Pan Pacific Masters Games at the Gold Coast and apparently all of them had a "**ball**" - good for them! Over 300 competitors from as far away as England, Canada, South Africa, Japan, New Zealand and of course every Australian state. The standard was very high with as many as 30 to 40 in some age groups. Lyn Robinson, Peter McMonagle, Stephen Gray & John Power all obtained a top 3 placing in their events.



Left: Our Captain Ann Todd sharing the Christmas Spirit on the 19th of December.

Also during November Rosalie Lutvey & I competed in the Alice Springs Masters Games. Again over 300 competitors, some from overseas and with the added excitement of Dawn Fraser being there to present medals! Rosalie & I were both fortunate to win medals of all colours.

The Southside Club conducted the final carnival of the year attended by QTW members, which was very successful and culminated in a presentation dinner. Rosalie & I were fortunate again to be in the medal count.

So you see it has been "**GO - GO - GO**" for 2004. I feel everyone who has swum with the Toowoomba Aussie Masters - at home or away - old or new

members - have enjoyed their year and I thank you all for your support, help and friendship.

Let's hope Santa will be kind to you all!!! **Keep Swimming Cheers Ann.**

MEMBERSHIP

Hopefully you all should have received a club membership renewal form with the last newsletter. If you haven't already done so return a completed form with some money ASAP. **Anyone who is not a financial member on the 1st of January is not eligible to enter any AUSSI sanctioned event or earn points from an aerobic swim until they are financial.** So don't delay send that cheque to the treasurer now and put a Pre-New Year smile on his face!!

The following highlights the above issue; it is from the QMS meeting on November 22.

Item 8.3.2

The issue of non-members attending training sessions with an AUSSI club was raised. Non members are seeking to gain membership benefits without paying for the privilege. If a club hires the venue in its own name, swimmers are insured if they are AUSSI members only or an invited guest (who can participate for one month only). Coaches are covered while dealing with AUSSI members, but if the squad is not AUSSI, then the session is deemed to be an adult squad – the coaches then rely on their own insurance cover.

P.S. Non-members cannot swim after 31 December unless they are in the 1 month invited guest category.

FIRST SWIM FOR 2005

The last Toowoomba Tadpole's swim for 2004 at The Glennie Pool was on **Thursday the 23rd of December** and the first swim for 2005 will be on **Wednesday the 5th of January 2005.**

AROUND THE POOL WITH BIG TADDIE

Since Troy's departure from the pool deck Len Passier and his team of club coaches have been doing a great job on Wednesday nights watching members swim strokes and advising where improvement can be made. However, for all those who thought things might be getting easier do not fear Lindsay will continue to brighten the pool on Thursday nights' with his smile and challenging swim sets.

Ray Smythe has also been setting some interesting aerobic sets recently. He not only sets them as a physical challenge but he highlights the set with a total of 250 metres but when you look at the detail it actually adds up to 300 metres. He obviously wants to challenge our mathematical minds as well!



A few of the club's male swimmers were requisitioned to assist the females at the club's Christmas Water Polo Match. They seem to have a few problems deciding which side they were on, isn't that right Phil?

Above: A bit of aggressive defending seems to be paying off at the Xmas Party Water Polo Match! However, it can't be too serious as Lou Hill & Vanessa Welke seem to think it's funny, but then they don't have the ball.

SWIM FOR CANCER (Glennie Pool 27-28th of November)

This was completed over the weekend 27-28th of November. Ten tadpoles took the opportunity to raise some money for the Queensland Cancer Fund and clock up some aerobic swims. (It also got me out of the washing up) editor.

AEROBICS

All swims have now been completed and Debbie is looking forward to a record number of swims and swimmers in 2005. Aerobics commence again on January the 5th.

SOCIAL EVENT & DATE CLAIMERS

23rd December	Last QTW swim for 2004	The Glennie Pool
5th January 2005	First QTW swim for 2005	The Glennie Pool
5th February 2005	Sunshine Coast Seals	Caloundra Aquatic Centre
12th February 2005	Rocky Crocs (Rockhampton)	Southside Memorial Pool
26th February 2005	Miami	Miami Olympic Pool
1st March 2005	Atherton Mountaineers (Postal)	State Wide Postal
5th March 2005	Hervey Bay Humpbacks	Hervey Bay Aquatic Centre

To check on any upcoming swim events remember; THE PURPLE BOOK is always available on the pool deck. THE BOOK contains details of all State and National Swim Meets; the *what, where and when!* If all else fails contact a committee member for event details.

State newsletters and the AUSSI 2005 Date Claimers are available at the pool. Have a look in our display stand or see the AUSSI web site.

COMMITTEE CONTACT DETAILS

Pres.: Tony Garsden 4636 5076	V. Pres:	Bill Waterhouse	4639 2434
Sec: Ray Smythe 4635 3326	Treasurer:	Ray French	4613 4007
Reg.: Nev Bambrick 4636 1429	Club Capt:	Ann Todd	4638 0535

If any member has a change of address can you notify the club secretary ASAP as this will save us wasting postage and ensure you get your newsletter.



Above: Some of the "GUN" swimmers enjoying the shade and breakfast after a tuff Christmas Water Polo match.



Left: Rosalie Lutvey & Max Lennon enjoy the December sunshine at the Club's Christmas BBQ. Max has even got his coffee cup into the Christmas spirit!

SIGN THE BOOK and PAY YOUR \$3 BEFORE ENTERING THE POOL.
We operate an honour system and want to keep it that way so don't abuse the privilege! If you need an "IOU" write it in the book and write it in again when you pay.

The committee would like to wish all members and their families a Safe and Merry Christmas and looks forward to diving in with you in 2005.