

**Toowoomba Masters AUSSI**  
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**Issue 1/06 of The Tadpole Tales –**  
**January / February 2006**

• Notice of the QTW AGM	• Captain's Report & Aerobic Report
• Coach's Corner	• Social Events & Date Claimers
• Membership Renewal Notice	• Position Vacant, Handy Hints & More!!!

### **QTW CLUB MEMBERSHIP RENEWAL**

If you haven't renewed your membership you probably won't be reading this!! But for those who are reading this and haven't renewed, make the start of Nev's year a happy one and get those renewal forms and cheques in. Remember it is not possible to participate in a sanctioned swim meet if you are not a financial member. Our fees for members renewing for the 2006 year are as follows:

Standard Fee	\$70.00	Health Care Card Holders	\$62.50
Life Members	\$55.00	Health Care Card Holders	\$47.50

The majority of your membership fee goes towards the running of the National and State Branches. This covers insurance and the running of the organisation. The Toowoomba Tadpoles only retains \$15 of your membership fees.

### **CAPTAIN'S REPORT**

I know Ann has a very busy schedule and I haven't had a chance to catch up to her so this report has been supplied by John Power.

Marine Park, Southport      Open Water Swim      15<sup>th</sup> October 2005

The Southport Open Water Swim was held at Marine Park, Southport on the 15<sup>th</sup> of October last year. The Toowoomba Tadpoles were represented at the swim by Lyn Robinson (50 – 54 age group) in the 1.25km swim and John Power (65 -69 age group) in the 2.5 km swim.

Lyn received a silver medal for the third consecutive time and John managed a gold medal.

John's cousin; Tony Newcombe (QCA Club) participated for the first time in the 45-49 age group and managed a silver medal for his efforts. Tony had already showered, had a drink and hamburger by the time his older cousin finished! Some younger swimmers in the 5km event even lapped some of the older (more mature!) swimmers. The course makes for an interesting experience being subject to tidal changes etc. It was laid out as a triangular course this year rather than the more usual rectangular layout of previous years. The event was run by the Miami Masters Club and they are to be congratulated on a successful event.

### **AUSSI MASTERS Qld ART UNION**

The state branch is undertaking some fund raising and has organised an Art Union. The prize is a 6 night holiday in Vanuatu for 2 adults including airfares from Brisbane. Tickets are \$5 each and available from the sign on desk at the pool.

### **COACH'S CORNER**

Hi All, I have to tell you I was very happy with the results from the kids swimming at Qld State Championships. They swam some great pb's and in particular from 2 swimmers that have not swum a pb for two years. They had substantial

breakthroughs. Kayla a 7 second pb in her 200 back, 2 second pb in the 100 back and Paul a 4 second pb in his 200 breaststroke. My point here is **NEVER** give up. Any form of improvement is a gain whether it be time based, skill based, motivation or fitness level. Take some time to set some goals for your swimming you will be surprised just how that can lift your game.  
Great to see more people in the pool.

Lindsay

## **AEROBICS**

The committee hopes that a few of you have made some New Year resolutions to come along on Sunday morning or Wednesday evening and try some aerobic swims in 2006. Louie Hill is arranging some special incentives so stay tuned. We may even try some aerobic swims on Thursday evenings instead of Sunday morning.

## **NEW COACHS**

You should start seeing some new faces patrolling the swim deck from February as those that participated in the coaching courses during 2005 begin to accrue the deck hours. Don't worry the faces will be familiar it's just that they will be on deck instead of in the lane beside you with goggles on! Don't be frightened to ask them for some pointers, I'm sure they are brimming with information and will only be too happy to share their new found knowledge with you.



*Right: John Power shows off his collection of medals after competing in the Open Water Swim at Southport in October last year. His story of the day's events is told on page 1 of this newsletter.*

## **AROUND THE POOL WITH BIG TADDIE**

The Big Taddie has heard that Barbara Lawes will be increasing her swimming sessions now that full time work will no longer be an obstacle. Congratulations Barbara from everyone at the club we all hope that you enjoy the next phase of your life.

Mid week attendances have been very low since our winter break and this has resulted in some concerned discussion at recent committee meeting. Some nights swimmer numbers have been as low as 10. If numbers do not increase in the period up until Christmas we will have to seriously look at what options are available, one of which may be the

curtailing of one of the mid-week swim nights. The Sunday morning aerobic session has also been poorly patronised and again we may have to look at running the aerobic session during the normal 07:30 - 08:30 program.

If you enjoy these sessions and want to retain them, now is the time to act, your presence is required!

Since I wrote the above paragraph our numbers have improved especially on Wednesday and Thursday nights. So keep it up it's not only doing you good it ensures we keep the 4 sessions a week going.

The annual water polo match during our Christmas party lived up to expectations with some members turning up just for that event. Debbie Klease was heard to say "If only that were that keen about aerobics!" Len Passier stayed clear of the water but

managed to pump out plenty of pancakes that were quickly devoured. A couple of members who were rumoured to have left the district even showed up on the day and have kept on coming since the New Year, good to see you again Lisa!!!! I was hoping to supply some Christmas snaps but I haven't "gone digital" yet so you will have to wait until the next edition and hopefully the roll will be finished!! The state newsletter for December (!) is attached. My apologies for the delay but the festive season was too good to miss!

### **ANNUAL GENERAL MEETING (Toowoomba Tadpoles)**

Our AGM for 2006 will be held at the Glennie Swimming Pool commencing at 08:45 on **Sunday the 19<sup>th</sup> of March 2006**. All members are invited to attend. A BBQ breakfast will be supplied at the completion of proceedings.

All positions are declared vacant so if you are interested in becoming involved with the administration of the Toowoomba Tadpoles ensure your nomination is in the hands of the secretary by Sunday the 5<sup>th</sup> of March.

Some members of the committee have advised that they will have other commitments during 2006 and won't be able to give their current positions the time they require. Therefore, I ask all members to consider nominating for a position on the committee. The following positions will be vacant; **Secretary, Swim Meet Director and Newsletter Editor**.

Regardless of whether you have previously held a committee position or not consider nominating. It does not take up a lot of time and it offers you an opportunity to help your fellow members by having an input into the way your club is managed.

### **ANNUAL GENERAL MEETING (AUSSI Masters Swimming Queensland)**

The AGM of our state branch; AUSSI Masters Swimming Queensland shall be conducted at the State Long Course Championships between the 28<sup>th</sup> and 30<sup>th</sup> of April 2006. Important dates for the State AGM are:

- Life membership nomination by the 24<sup>th</sup> of February.
- Nominate for a Branch committee position by the 29<sup>th</sup> of March.
- Require an item to be placed on the Branch agenda by the 29<sup>th</sup> of March.

Contact a member of the QTW committee for further information on any of the above items.

### **Notice to all Clubs and Members (From: D Ryan QLD Branch President)**

Please be advised that the Branch no longer has an Administrator in the office.

Lawrie Fabian left on Friday 20th January.

The position has been advertised but I do not expect that anyone will be appointed to the position before the AGM in April. I cannot guarantee that the office will be open until we have appointed a new Administrator.

Please also be aware that despite our numerous requests from you for assistance, we have been without a treasurer for almost a year now, so the annual report may not have a financial statement included. This could result in a review (and possible cancellation) of our funding by the Government as one of the main criteria from them is that we have an audited financial report each year that is presented at our AGM. This could result then in a possible loss of income of up to \$30,000 so it is important that positions such as Treasurer and for that matter all positions on the committee are filled all of the time. Those positions were created for a reason, and the reason will be obvious to all very soon as the Branch can no longer provide the level of

service you are used to or demand.

A few Clubs have asked about the raffle that Lawrie promoted information has been distributed previously about this but the main aim of the raffle was to ensure we have some form of celebration for our 30<sup>th</sup> birthday. Some Clubs have suggested that they will not participate in the fundraising event but it is hoped that you will appreciate the significance of the event and therefore support the raffle and hence the birthday celebrations as much as possible.

If you have any questions, or you want to discuss anything with anyone on the Branch Committee, please feel free to contact me by email, phone etc

There are also positions vacant at the State level; these are:

1. Branch Treasurer
2. Manager of Information Technology
3. Manager of External Marketing

For more information, see Ray Smythe or contact David Ryan at Queensland Masters Swimming.

### **CYBERSPACE (& ALL THAT COMPUTER STUFF!!)**

If you are "surfing" the web remember to log on to our own Tadpole's site (<http://members.optusnet.com.au/~smythe/tadpoles/>) or the Queensland Masters website ([www.aussimastersqld.com.au](http://www.aussimastersqld.com.au)). Both have plenty of good information and links to other associated organizations that can provide plenty of news and information.

If you prefer to save a tree and have your newsletter sent to you electronically send an e-mail to our secretary (address on the top of the front page) and we will ensure it is delivered in the correct format.

### **SOCIAL EVENTS & DATE CLAIMERS**

11/2/06	Rocky Crocs (Long Course)	Southside Memorial Pool
18/2/06	Cairns Mudcrabs (Short Course)	Edmonton Pool
25/2/06	Miami Masters (Long Course)	Miami Olympic Pool
4/3/06	Townsville Masters (Long Course)	Ignatius Park College Pool
11/3/06	Hervey Bay Masters (Long Course)	Torquay Aquatic Centre
18/3/06	Innisfail Stingers (Short Course)	Innisfail S.H. School Pool
18/3/06	Albany Creek Masters (Short Course)	Albany Ck Leisure Centre
1/4-3/5/06	Brisbane Southside Masters (Postal)	National Postal
29/4-1/5/06	State Swim (Long Course)	TBA

To check on any upcoming swim events remember; THE PURPLE BOOK is always available on the pool deck. THE BOOK contains details of all State and National Swim Meets; the *what*, *where* and *when*! If all else fails contact a committee member for event details.

### **COMMITTEE CONTACT DETAILS**

Pres.:	Bill Waterhouse 4639 2434	V. Pres	Rosalie Lutvey	4659 9031
Sec:	Ray Smythe 4635 3326	Treasurer:	Tony Garsden	4636 5076
Reg.:	Nev Bambrick 4636 1429	Club Capt:	Ann Todd	4638 0535

If any member has a change of address can you notify the club secretary ASAP as this will save us wasting postage and ensure you get your newsletter.

**SIGN THE BOOK and PAY YOUR \$3 BEFORE ENTERING THE POOL.**  
We operate an honour system and want to keep it that way so don't abuse the privilege! If you need an "IOU" write it in the book and write it in again when you pay.