



**JJ RICHARDS SWIM RELAY CHALLENGE
INFORMATION AND NOMINATION FORM
REVISED 2 MARCH 2011**

Dear Swimmer

Please find below information regarding the swim relay challenge. The swim relay challenge is organised by Toowoomba Masters Aussi Swim Club (Toowoomba Tadpoles) as part of the Toowoomba Swim for Hospice fund raising event.

JJ RICHARDS SWIM RELAY CHALLENGE INFORMATION

1. The event will commence at 4:30pm Saturday 5 March, 2011.
2. The swim relay challenge will consist of one section:
 - a. A closest to nominated time section.
3. A Perpetual Trophy is offered to the 1st place getter. Medals will be awarded to 1st, 2nd and 3rd teams.
4. Nominations will be accepted up to 3pm Saturday 5 March, 2011. Late nominations will only be accepted at the discretion of the organiser.
5. Teams are encouraged to choose a team name (especially if there is more than one team from and organisation).
6. Each relay section will consist of a 4 x 50m relay. Each swimmer in the relay team will swim 50m (2 lengths of the 25m pool) freestyle or stroke of their choice. (Flippers and other swimming aids are not allowed, and swim costumes must be FINA approved or offer no unfair advantage to the swimmer)
7. Masters Swimming Australia Inc Swimming Rules will apply for both events. Rules are downloadable from http://www.clubsonline.com.au/customdata/index.cfm?fuseaction=display_main&ItemID=23387&OrgID=3397&dts=310201091132
8. The challenge is open to members of businesses and organisations (including clubs and schools)
9. Teams must consist of four (4) swimmers. The team may consist of any ratio of male/female competitors. There are no age restrictions.
10. The team must consist of least three (3) members of the represented business or organisation.
11. Entry to the challenge is free.
12. Where more than ten teams enter, the section will be swum as heats. All teams will only be required to swim once and the time recorded will be collated against all other team times in that section to determine the results.

Any enquiries please call the Organizer: Peter McMonagle on 4615 4657 or email: swimforhospice@ToowoombaTadpoles.org.au or visit www.ToowoombaTadpoles.org.au



13. Closest to Nominated Time Section:
 - a. Each team will nominate a time in which they will complete the full relay swim.
 - b. The nominated time must be submitted on the nomination form. The time will be submitted in minutes, seconds and hundredths of a second (eg 2:30.50) The nominated time and swimmers may be changed, but no later than 4pm, 5 March 2011, or at the discretion of the organiser should exceptional circumstances prevail. Any change must be submitted to the organiser and in writing or by email to swimforhospice@toowoombatadpoles.org.au).
 - c. The team whose swim time is the closest to their nominated time will be the winner. The team whose swim time is second closest will be second. The team whose swim time is third closest will be third, etc
 - d. In the event of two teams swimming the same time difference between their nominated time and their swim time, the team with the faster nominated time will take the higher placing. In the event of two or more teams still not being separated they shall share the placing and any associated prize/s. (clarification: for example if two teams equal for 2nd place the 2nd and 3rd place prizes will be shared and the next team will be 4th).
14. Teams in the Closest to Nominated Time Section will swim in the order of the nominated time (slower nominated times will swim in earlier heats).
15. The pool will be available for warm up swimming from 4:05pm to 4:25pm.
16. The results will be declared by the Chief Time Keeper when all teams have completed the event and results have been collated.
17. The referee's decision will be final.
18. Should there insufficient nominations, the organiser reserves the right to withdraw the event. In such a case any entry fees paid will be refunded.



JJ RICHARDS SWIM RELAY CHALLENGE NOMINATION FORM

OPEN SECTION:

Name of Club/Organisation/Business represented: _____

Team Name (if you have one): _____

SWIMMER 1: _____

SWIMMER 2: _____

SWIMMER 3: _____

SWIMMER 4: _____

Name receipt is to be written out to: _____

CLOSEST TO NOMINATED TIME SECTION:

Name of Club/Organisation/Business represented: _____

Name of Team: _____

SWIMMER 1: _____

SWIMMER 2: _____

SWIMMER 3: _____

SWIMMER 4: _____

NOMINATED TIME: _____:_____._____ (nominated time must be submitted no later than 5pm, 2 March 2011).

Name receipt is to be written out to: _____

All swimmers must complete a swim relay challenge Participant's Agreement form.



Participant's Agreement

Please complete and return as soon as possible to:

Swim for Hospice
Toowoomba Masters Aussi Inc
P O Box 917
Toowoomba 4350

or email: swimforhospice@toowoombatadpoles.org.au

Name: _____

Address: _____

Phone: _____ Mobile: _____

Email: _____

In case of emergency please provide details of person to be contacted:

Emergency Contact Name: _____

Phone: _____

I _____ (full name) accept the conditions of the *Toowoomba Swim for Hospice* swim relay challenge organised by the Toowoomba Masters AUSSI Inc Swimming Club.

If swimmer is under the age of 18 years a Parent or guardian must sign below.

I _____ being parent/guardian of _____ (name) accept the conditions of the *Toowoomba Swim for Hospice* swim relay challenge organised by the Toowoomba Masters AUSSI Inc Swimming Club and give permission for him/her to swim in the swim relay challenge.

Signature _____ Date _____

Waiver: In participating in the Toowoomba Swim for Hospice you acknowledge that you understand the activities and risks involved, and agree, in consideration of permission to participate in the activities, to release and indemnify Toowoomba Masters Aussi Inc and the Toowoomba Hospice Assoc. Inc. Limited, its officers, employees and volunteers and all sponsors (be they individuals or organisations, singularly or collectively) from and against all liabilities, claims, damages, suits, expenses, causes of action, injuries, losses or inconvenience of any description whatsoever arising in any way from my participation (or the participation of the person named above) in the activities.

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