



JJ RICHARDS SWIM RELAY CHALLENGE INFORMATION AND NOMINATION FORM

Dear Swimmer

Please find below information regarding the swim relay challenge. The swim relay challenge is organised by Toowoomba Masters Aussi Swim Club (Toowoomba Tadpoles) as part of the Toowoomba Swim for Hospice fund raising event.

JJ RICHARDS SWIM RELAY CHALLENGE INFORMATION

1. The event will commence at 2:30pm Sunday 25 March, 2012.
2. The swim relay challenge will be a closest to nominated time relay. Prizes are offered for place getters (refer 12/13)
3. Nominations will be accepted up to 1pm Sunday 25 march, 2012.
4. The challenge is open to members of businesses, clubs, organisations (including clubs and schools) and groups of swimmers.
5. For each section, teams must consist of four (4) swimmers. The team may consist of any ratio of male/female competitors. There are no age restrictions.
6. The team should consist of least three (3) members of the represented business, club, organisation or group.
7. Teams are encouraged to choose a team name (especially if there is more than one team from an organisation).
8. The relay will be a 4 x 50m relay. Each swimmer in the relay team will swim 50m (2 lengths of the 25m pool) freestyle or stroke of their choice. (Flippers and other swimming aids are not allowed, and swim costumes must be FINA approved or offer no unfair advantage to the swimmer)
9. Entry to the challenge is \$20 per team donation to the Toowoomba Hospice. A Toowoomba Hospice tax receipt will be issued to the entrants/organisation. All proceeds from the swim relay challenge go to the Toowoomba Hospice. (Cheques are to be made out to "Swim for Hospice")
10. Where more than ten teams enter, the relay will be swum as heats. All teams will only be required to swim once and the time recorded will be collated against all other team times in that section to determine the results.
11. The relay is a Closest to the Nominated Time Relay.

Any enquiries please call the Organizer: Stephen Gray on 0499 247 226 or email: swimforhospice@ToowoombaTadpoles.org.au or visit www.ToowoombaTadpoles.org.au



12. Closet to the Nominated Time Relay rules:
 - a. The team will nominate a time in which they will complete the full relay swim.
 - b. The nominated time must be submitted on the nomination form. The time will be submitted in minutes, seconds and hundredths of a second (eg 2:30.50) The nominated time and swimmers may be changed, but no later than 1pm, 25 March 2012, or at the discretion of the organiser should exceptional circumstances prevail. Any change must be submitted to the organiser and in writing or by email to swimforhospice@toowoombatadpoles.org.au).
 - c. The team whose swim time is the closest to their nominated time will be the winner. The team whose swim time is second closest will be second. The team whose swim time is third closest will be third, etc
 - d. In the event of two teams swimming the same time difference between their nominated time and their swim time, the team with the faster nominated time will take the higher placing. In the event of two or more teams still not being separated they shall share the placing and any associated prize/s. (clarification: for example if two teams equal for 2nd place the 2nd and 3rd place prizes will be shared and the next team will be 4th).
13. Prizes are offered to the 1st place getters (4 x \$25 gift vouchers and perpetual trophy), with medals to 1st, 2nd and 3rd place.
14. An additional prize (to be advised) is also offered to the team that swims the fastest time.
15. Teams will swim in the order of the nominated time (slower nominated times will swim in earlier heats).
16. Masters Swimming Australia Inc Swimming Rules will apply for both events. Rules are downloadable from http://www.clubsonline.com.au/customdata/index.cfm?fuseaction=display_main&ItemID=23387&OrgID=3397&dts=310201091132
17. The pool will be available for warm up swimming from 2:05pm to 2:25pm.
18. The results will be declared by the Chief Time Keeper when all teams have completed the event and results have been collated.
19. The referee's decision will be final.
20. Should there insufficient nominations, the organiser reserves the right to withdraw the event. In such a case any entry fees paid will be refunded.



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Name of Club/Organisation/Business/Group represented: _____

Team Name (if you have one): _____

SWIMMER 1: _____

SWIMMER 2: _____

SWIMMER 3: _____

SWIMMER 4: _____

Name receipt is to be written out to: _____

All swimmers must complete a swim relay challenge Participant's Agreement form.

Please complete and return as soon as possible to:

Swim for Hospice

Toowoomba Masters Aussi Inc

P O Box 917

Toowoomba 4350

or email: swimforhospice@toowoombatadpoles.org.au



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Name: _____

Address: _____

Phone: _____ Mobile: _____

Email: _____

In case of emergency please provide details of person to be contacted:

Emergency Contact Name: _____

Phone: _____

I _____ (full name) accept the conditions of the *Toowoomba Swim for Hospice* swim relay challenge organised by the Toowoomba Masters AUSSI Inc Swimming Club.

If swimmer is under the age of 18 years a Parent or guardian must sign below.

I _____ being parent/guardian of _____ (name) accept the conditions of the *Toowoomba Swim for Hospice* swim relay challenge organised by the Toowoomba Masters AUSSI Inc Swimming Club and give permission for him/her to swim in the swim relay challenge.

Signature _____ Date _____

Waiver: In participating in the Toowoomba Swim for Hospice you acknowledge that you understand the activities and risks involved, and agree, in consideration of permission to participate in the activities, to release and indemnify Toowoomba Masters Aussi Inc and the Toowoomba Hospice Assoc. Inc. Limited, its officers, employees and volunteers and all sponsors (be they individuals or organisations, singularly or collectively) from and against all liabilities, claims, damages, suits, expenses, causes of action, injuries, losses or inconvenience of any description whatsoever arising in any way from my participation (or the participation of the person named above) in the activities.

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